**“Unshakable” (Psalm 46)**  
Sermon Outline and Discussion Questions  
*Faith Reformed Church, 3/22/2020*

1. **Introduction**
   1. Main Point: “*Even in the most troubling times imaginable,   
       our faith can remain unshakable*”
2. **The Book of Psalms**
   1. Calvin referred to the book of Psalms as “an anatomy of all the parts of the soul.” The Psalms contains the entire spectrum of human emotions and experiences
3. **Psalm 46**
   1. Psalm 46 was written with a view to “troubling times” (verse 1), when both nature (verses 2-3) and the nations (verse 6) are in an uproar
   2. Two reasons why our faith can remain unshakable (verses 1-7):
      1. Our God is an Ever-Present Fortress (verses 1-3, 7)
      2. Our City has Everlasting Foundations (verses 4-6)
   3. Two responses of unshakable faith (verses 8-11):
      1. Ponder the Works of God (verses 8-9)
      2. Pause in the Presence of God (verses 10-11)
4. **Conclusion**
5. **Appeal to Unbelievers**

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**Discussion Questions for Families**

**1.** *What stuck out to you most about this morning’s sermon? How did God speak to you?*

**2.** *What are some truths from Psalm 46 that are most encouraging for us as we face troubling times?*

**3.** *How have you seen God at work—in the world, in your neighborhood, or in your household—in the midst of the coronavirus epidemic?*

**4.** *What is one way that you can apply this message to your life?*